

Symptom Checker - Cold - Flu - Coronavirus - Allergies

	Cold	Flu	COVID-19 Coronavirus	Allergies
How Long It Lasts	3-5 days for most people, but severe cases can continue up to 14 days.	3-7 days for most people, but severe cases can last 14 days.	Typically 10-14 days after symptoms appear. Severe cases can take 3-6 weeks for full recovery.	Days to months -- as long as you're in contact with the allergy trigger and a short time after.
When It Happens	Most often in the winter, but it's possible anytime.	Most often in the winter, but it's possible anytime.	Currently not known.	Anytime the allergens appear.
Symptoms				
Symptom Onset	Gradual – Symptoms can take a few days to appear after infection with the virus.	Abrupt – Symptoms can begin within 3-6 hours after exposure to the virus.	Slow – Symptoms typically take about 5 days to appear, but extreme cases can take up to 14 days.	Abrupt – Symptoms can begin immediately after contact with allergy triggers.
Coughing	A hacking productive (mucus producing) cough is often present with a cold.	A non-productive (non-mucus producing) cough is usually present with the flu (sometimes called a dry cough).	A non-productive (non-mucus producing) cough is usually present with the coronavirus (sometimes called a dry cough). This occurs in 57% of all cases.	Sometimes
Sneezing	Often	Rarely	Rarely	Often
Shortness of Breath	Sometimes	Sometimes	Often	In more severe reactions yes.
Fever	Rarely	Over 100.4 F (38 C)	Over 100.4 F (38 C) - This occurs in 78% of all COVID-19 cases.	Very Rarely
Sore Throat	Often	Sometimes	Sometimes	Rarely
Runny or Stuffy Nose	Often	Sometimes	Sometimes	Often
Itchy, Watery Eyes	Rarely	Rarely	Rarely	Often
Aches	Slight	Often – Severe aches and pains are common.	Often – Severe aches and pains are common.	Rarely

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Headache	Rarely	Often present in over 80% of flu cases.	Sometimes	Common headache or facial pain is common, but migraines are rarely triggered by allergies.
Diarrhea	Rarely	Sometimes, but children are more likely to experience this than adults.	Up to 50% of cases can have this as one of the first symptoms.	Rarely
Vomiting	Rarely	Sometimes, but children are more likely to experience this than adults.	Up to 50% of cases can have this as one of the first symptoms.	Often with Food Allergies
Abdominal Pain	Sometimes	Sometimes	Up to 50% of cases can have this as one of the first symptoms.	Often with Food Allergies
Chills / Sweats	Rarely	60% of people who have the flu experience chills.	Often	Very Rarely
Fatigue / Weakness	Sometimes – Generally mild if it's experienced.	Often – It ranges from moderate to severe.	Often – It ranges from moderate to severe. This occurs in 31% of all cases.	Generally caused by lack of sleep.
Loss of Smell or Loss of Taste	Rarely	Rarely	Often	Rarely
Skin Irritation	Rarely	Rarely	Rarely	Often

Do not play doctor! This list is presented for informational purposes only. If you have a medical condition, you should contact your doctor or health care provider.

This symptom checklist is a compilation based on information from the United States Centers for Disease Control, European Centre for Disease Prevention and Control, the National Health Service in Great Britain and the Chinese Center for Disease Control and Prevention.